



Introduction to Energy Medicine

Dr. Gail Van Kanegan, DNP, FNP, EEM-AP

Saturday July 10, 2021

8:30 am- 4:30 pm

Heartgate Haven (formerly Maple Hill Orchard)

North Freedom, WI

8:30 am- Registration

9:00 am - Welcome, Introductions, Class Details

9:30 am - The Flow of Energy

9:45 am- Daily Energy Routine demonstration & practice

10:30 am - break

10:45 am - Daily Energy Routine Continued

11:00 am - Crossover Energies

11:30 pm - Staying Grounded

12:30 pm - Lunch (1 hour break) (bring your own lunch)

1:30 pm - Pathways of Energy- Meridians

2:30 pm - Triple Warmer & Spleen

3:30 pm - Neurovascular Reflex Points

4:30 pm - Closing

Tuition: \$125.00

Payable to [Paypal.me/gailMEM](https://www.paypal.com/paytoemail?email=gailMEM) OR

Venmo: Gail Van Kanegan @Gail-VanKanegan

What to Wear: Warm, layered clothing as we will be in quite a cool room all day, house slippers, lap blanket

What to bring: Snacks (you will need the additional energy), beverage other than water, box lunch (no local food shops available), refrigerator, microwave & hot water for tea are available

Energy items will be available for purchase: Eden Energy Medicine books, crystals, & fun energy stuff!

RSVP: Dr. Gail Van Kanegan, 507-244-1994 Healing@drgailV.com