Curriculum Vitae and Bibliography Gail L Van Kanegan, DNP, RN, CNP, APHN-BC, EEM-AP, WHE

Personal Information

Work Address: Rochester, MN 55902

507-244-1994

Email Address: gail@MidWestEnergyMovement.com

Present Academic Rank and Position

Owner/President - Holistic Health Care Professionals & Consumers of Health Care, Rochester, Minnesota Owner/President	01/1998 - Present
Clinical Hospitalist Nurse Practitioner - Division of Hospital Internal Medicine, Department of Internal Medicine, Mayo Clinic, Rochester, Minnesota Clinical Hospitalist Nurse Practitioner	01/2008 – 09/2019
Nurse Practitioner Preceptor - Mayo Clinic, Rochester, Minnesota Nurse Practitioner Preceptor	07/2008 – 09/2019
Reiki Master Practitioner/Instructor – MidWest Energy Movement, Rochester, Minnesota Reiki Master Practitioner/Instructor	08/2007 -Present
Certified Eden Energy Medicine Advanced Practitioner - Midwest Energy Movement Rochester, Minnesota Certified Eden Energy Medicine Clinical Practitioner	03/2009 - Present
Clinical Director of Nursing - Augsburg College	2014 - 2016
Clinical Director, Professor of Nursing - Augsburg College, Minneapolis, MN, Minnesota Clinical Director and Professor of Nursing at Augsburg College in Minneapolis, Minnesota	2014 - 2016

Assistant Professor of Medicine - Mayo Clinic College of Medicine and Science 05/2018 - Present

Education

John Wood Community College, Quincy, Illinois - AS, Associate of Science	08/1977 - 05/1992
Blessing Hospital School of Nursing, Quincy, Illinois - Nursing Diploma, Diploma of Nursing	08/1978 - 05/1982
Blessing-Rieman College of Nursing, Quincy, Illinois - BSN, Bachelor of Science in Nursing	05/1991
The Sinclair School of Nursing, University of Missouri-Columbia, Columbia, Missouri - MSN, FNP, Family Nurse Practitioner	01/1994 - 05/1996
Hermitage Farm Center for Healing, Rochester, Minnesota , Reiki Master	01/2007 - 12/2017
Reiki Master Practitioner/Instructor, Minnesota - Certificate	10/2007 - Present
Donna Eden Energy Medicine, Ashland, Oregon - Certificate, Certified Eden Energy Medicine Certified Practitioner	05/2009 - 02/2011
Donna Eden Energy Medicine, Ashland, Oregon - Certificate, Certified Eden Energy Medicine Advanced Practitioner	01/2013 - Present
Augsburg College, Minneapolis, Minnesota - DNP, Department of Nursing	09/2010 - 02/2013
National Institute of Whole Health - Certificate, Whole Health Educator	12/2010 - 01/2011
Graduate/Certified Eden Energy Medicine Practitioner, Phoenix, Arizona - Certificate	02/2009 - Present

Certification

Board Certifications

Board Certifications		
American Heart A	Association (AHA)	
Basic Life Sup	port (BLS)/Provider	1982 - Present
Advanced Card	diovascular Life Support (ACLS)/Provider	1991 - Present
American Holisti	c Nurses Credentialing Corporation (AHNCC)	
Advanced Holi	stic Nurse Board Certified (AHN-BC)	2013 - Present
American Nurses	Credentialing Center (ANCC)	
Family Nurse F	Practitioner (FNP-BC)	1996 - Present
National Institute	s of Health (NIH)	
NIH Stroke Sca	ale Certification	2012 - Present
Mayo Clinic Qual		
Mayo Clinic Qu	uality Fellow: Bronze Level Certification	2011
Mayo Clinic Qu	uality Fellow: Silver Level Certification	2013
Licensure		
Illinois	041-213163 (Registered Nurse (RN))	11/1982 - Present
Missouri	131-501 (Advanced Practice Registered Nurse)	06/1994 -Present
Missouri	131501 (Registered Nurse (RN))	03/1997 - Present
Illinois	209-000613 (Advanced Practice Registered Nurse)	05/2001 -10/2006
Minnesota	R1752331 (Registered Nurse (RN))	07/2006 - Present
Minnesota	CNP 3223 (Advanced Practice Registered Nurse)	01/2015 - Present
United States of America	CNP 3223 (Registered Nurse (RN))	01/2015 - Present
Honors and Awa	ırds	
Honors Gradu	ate - John Wood Community College, Illinois	05/1992
•	ses Alumni Award: Outstanding Academic and Nursing Ity Award: Most Outstanding Student - Blessing-Rieman College ois	05/1993
Dean's List, C	um Laude - Blessing-Rieman College of Nursing, Quincy, Illinois	05/1993
•	tingale Society Award: Nursing Excellence and Nursing brence Nightingale Society, Illinois	05/1993
Nursing Hono	r Society - Blessing-Rieman College of Nursing, Quincy, Illinois	10/1996
	at River Advance Practice Education Association - Great River ice Education Association	01/1997
Nightingale N Illinois	urse of the Year Award - District 8, Illinois Nursing Association,	05/1998
Sigma Theta	Гаи, Pi Pi Chapter - Honor Society of Nursing	04/2000
Pioneer Award Nursing, Illinois	d, Steering Committee - Illinois Society for Advanced Practice	09/2002
President's D i Practice Nursir	istinguished Service Award - Illinois Society for Advanced ng, Illinois	09/2003

Nurse of the Year Award - Alumni Association, Blessing-Rieman College of Nursing, Illinois	05/2004
Elected President of Illinois Society for Advanced Practice Nursing - Illinois Society for Advanced Practice Nursing, Illinois	09/2004
Distinguished Author Award - Eden Energy Medicine, United States of America	02/2011
Excellence in Nursing Education Award - Sigma Theta Tau International Honor Society of Nursing	2016

Previous Professional Positions and Major Appointments

Charge/Staff Nurse Intermediate Care Unit - Intermediate Care Unit, St. Mary Hospital, Quincy, Illinois Charge/Staff Nurse Intermediate Care Unit	07/1982 - 09/1983
Charge Nurse - Intensive Care Unit, St Mary Hospital, Quincy, Illinois Charge Nurse/Staff Nurse	09/1983 - 07/1987
Supervisor Cardiology Department - Cardiology Department, Cardiac Diagnostics, Blessing Hospital, Quincy, Illinois Supervisor Cardiology Department	07/1987 - 01/1993
House Nursing Supervisor - Blessing Hospital, St. Mary Hospital, Quincy, Illinois House Nursing Supervisor	11/1992 - 10/1993
Staff Nurse Cardiology Department - Cardiology Department, Cardiac Diagnostics, Blessing Hospital, Quincy, Minnesota Staff Nurse	01/1993 - 06/1993
Staff Nurse III, Critical Care - Blessing Hospital, Quincy, Illinois Staff Nurse III, Critical Care	10/1993 - 01/1996
Clinical Family Nurse Practitioner - Family Practice, Quincy Medical Group, Quincy, Illinois Clinical Family Nurse Practitioner	05/1996 - 10/2006
Clinical Nurse Practitioner and Supervisor Advance Practice Providers - Breast Clinic, Division of General Internal Medicine, Department of Internal Medicine, Mayo Clinic, Rochester, Minnesota Clinical Nurse Practitioner and Supervisor Advance Practice Providers	10/2006 - 01/2008
Clinical Hospitalist Nurse Practitioner - Woodwinds Health Campus, Hospital Internal Medicine, Woodwinds Hospital, Rochester, Minnesota Clinical Hospitalist Nurse Practitioner	08/2007 - 12/2008
Nurse Practitioner - Mayo Express Care, Department of Family Medicine, Mayo Clinic, Rochester, Minnesota Nurse Practitioner	03/2009 - 10/2012
Instructor in Medicine - Mayo Clinic College of Medicine and Science	02/2014 - 04/2018

Professional Memberships and Societies

Professional Memberships and Services

Advanced Practice Nurses of Illinois	
Founder and President	06/2001 - 01/2002
American Association of Critical Care Nurses	
Great River Chapter	
Member	1985 - 1988
American Association of Critical-Care Nurses	
Member	1982 - 1988

American Holistic Nurses Association

Member 07/2009 - Present

American Hospital Association

Member 12/2007 - 2009

American Nurses Association

Member 1989 - 2002

Member 01/2012 - Present

Florence Nightingale Society

Member 1982 - 2006

Great River Advanced Practice Education Group

Founder and President 01/1997 - 2005

Healing Touch Association

Member 03/2011 - Present

Illinois Nurse's Association

District 8

Legislative Chairperson 1997 - 2001

Illinois Nurse's Association

Council of Nurse Practitioners

Council 1996 - 2002

Program Chair 12/1998 - 01/2002 Central Region Representative 12/1998 - 01/2002

Illinois Nurses Association

Member 1989 - 2002

Illinois Society for Advanced Practice Nurses

 Charter Member
 11/2001 - Present

 Committee Member
 11/2001 - 09/2002

 Program Chair
 11/2001 - 10/2003

 President
 09/2004 - 10/2006

Nurse Practitioners Associations

American College of Nurse Practitioners

Member 1998 - Present

Sigma Theta Tau

Pi Pi Chapter

Charter Member 11/1996 - Present

Education Interests and Accomplishments

Curriculum and Course Development

The Vibration of Energy Series: Introduction to Holistic Therapeutic Modalities 1 college credit didactic / practicum course, Primary Author, Primary Faculty Augsburg College Minneapolis, Minnesota This course was a 45 hour- 1 college credit elective course developed with a didactic and practical application of knowledge synthesized in the area of Holistic Therapeutic Modalities for treating patients with symptoms of chronic disease, pain, and daily self-care. This was an intensive 3-day -10-hour face to face course. Students also participated in an additional 15 hours of independent study to develop a research paper on 5 integrative healing modalities discussed in class and develop five patient plans of care to be utilized and implemented in the clinical setting. Each student participated fully in all levels of the course and utilized their developed plans of care in the clinical setting with positive feed-back from the patients. Feed-back

01/2014 - Present

from patients included stating their pain was resolved, pain was relieved to a tolerable level, stress level was reduced, sleep has improved, slept all night, nervous energy faded away, and felt like more energy was present.

Augsburg College

Minneapolis, Minnesota

Vibrational Energy Medicine - Associated with Advanced Pathophysiology 1 college credit didactic course, Primary Author, Primary Faculty Augsburg College Minneapolis, Minnesota This course is a 45 hour- 1 college credit course developed as a didactic supplement to Advanced Pathophysiology course. Students participated in learning about select physiologic systems and their corresponding physical energetic systems normal function, alterations, clinical manifestations of symptoms of illness, and learned and practiced holistic therapeutic modalities for restoration of energetic and physiologic balance. A research pathophysiology paper was developed with case-based approach for a physical disease state (i.e. Pancreatitis), clinical manifestations, medical treatment modalities, complications, side effects, outcomes and describe the energetic system alteration effects of said disease, how to integrate holistic therapeutic modalities to foster patient healing and comfort.

01/2014 - Present

Augsburg College

Minneapolis, Minnesota

Integrative Primary Care of Adults Clinical I

135 hours clinical practice course, Co-Author, Primary Faculty, Clinical Director Augsburg College Minneapolis, Minnesota This clinical course corresponds to the systems and structure of Integrative Primary care of Adults I. Students were supervised in the clinical area and in post clinical debriefing patient care conferences.

Augsburg College Minneapolis, Minnesota

Dh.

Physical & Holistic Health Assessment 0

3 college credit didactic and 1 credit (15 hours) clinical course, Primary Author, Primary Faculty Augsburg College Minneapolis, Minnesota Primary Care holistic physical assessment didactic/practical course designed to develop and increase Family Nurse Practitioner students' holistic assessment skills in the following areas: physical, emotional, social, spiritual assessment, correlate symptoms with disease process and develop a plan of care based on evidence based medical research. The 1 credit clinical course was 15 hours in the clinical setting performing complete history and physical examinations of pediatric, adolescent, and adult patients, making recommendations for treatment of illness management.

Augsburg College

Minneapolis, Minnesota

Integrative Primary Care of Adults

3 college credit didactic course, Co-Author, Primary Faculty Augsburg College Minneapolis, Minnesota This 3 college credit, 45 hour course was co-developed and taught to DNP/FNP students to teach the foundation for Primary Care Family Practice assessments and interventions utilizing physical examination, interpretation of lab and diagnostic testing, evidence based research, and integrative holistic therapeutic modalities of health care.

Augsburg College

Minneapolis, Minnesota

Advanced Pathophysiology and Vibrational Energy Medicine 3 college credit didactic course, Co-Author, Primary Faculty Augsburg College Minneapolis, Minnesota This is a 45-hour didactic 3 college credit course developed to provide students with a background in advanced pathophysiology alterations, advanced understanding of cellular alterations manifesting in the disease process. The course also taught the corresponding physical energetic systems normal function and energetic alterations associated with the physical systems (i.e. respiratory, circulatory, endocrine system), clinical manifestations of

01/2014 -07/2016

01/2014 07/2016

01/2014 -07/2016

2014 - 07/2016

symptoms of illness, and learned and practiced holistic therapeutic modalities for restoration of energetic and physiologic balance, with integration of evidence-based medicine research for patient management.

Augsburg College

Minneapolis, Minnesota

Integrative Primary Care of Adults in Native American Culture 60 hours clinical practice course, Co-Author, CO- Faculty, Clinical Director Augsburg College Minneapolis, Minnesota This course was specifically developed to provide the students personal experience in the Native American culture on the Reservation providing primary care as an intensive clinical experience over the span of one week. This course was directly supervised by me for all clinical hours and all daily post clinical conferences.

Augsburg College

Minneapolis, Minnesota

Integrative Primary Care of Adults Clinical II

01/2014 -07/2016

01/2014 -07/2016

90 hours clinical practice course, Co- Author, Primary Faculty, Clinical Director Augsburg College Minneapolis, Minnesota This clinical course corresponds to the systems and structure of Integrative Primary care of Adults II. Students were supervised in the clinical area and in post clinical debriefing patient care conferences

Augsburg College

Minneapolis, Minnesota

Teaching

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	Board Member, Madonna House Women and Children's Shelter Quincy, Illinois	1997 - 2001
	Board President, Madonna House and Children's Shelter Quincy, Illinois	1999 - 2001
	Redman Lee Center Redman Lee Community Center School Physical Clinic Quincy, Illinois	08/1999
	Consulting Health Advisor, Sexual Abuse Psychiatric Interventional Services Quincy, Illinois	09/1999 - 2002
	Consulting Health Advisor, Quanada, Women and Children's Shelter for Domestic Abuse Quincy, Illinois	09/1999 - 2002
	Quincy Medical Group, Community Sport Physicals Quincy, Illinois	07/2000
	Redman Lee Community Center School Physical Clinic Quincy, Illinois	08/2000
	Quincy Family Planning Clinic. Women's Health Clinic Volunteer Clinical Practitioner Quincy, Illinois	10/2000 - 09/2006
	Redman Lee Community Center School Physical Clinic Quincy, Illinois	08/2001
	John Wood Community College Health Fair: Womyn's Health Preventative Screens Quincy, Illinois	10/2001
	Redman Lee Community Center, Growth and Development of Adolescents	10/2001

Quincy, Illinois

Blessing Rieman College of Nursing and John Wood Community College: Womyn's Health Seminar Quincy, Illinois	02/2002
Teen Mom Program, Growth and Development Issues for Adolescents Quincy, Illinois	03/2002
Quincy Medical Group, Community Sport Physicals Quincy, Illinois	07/2002
Redman Lee Community Center School Physical Clinic Quincy, Illinois	08/2002
Quincy Medical Group, Community Sport Physicals Quincy, Illinois	06/2003
Redman Lee Community Center School Physical Clinic Quincy, Illinois	08/2003
Osteoporosis Health Fair Quincy, Illinois	03/2004
National Arthritis Association, Fibromyalgia Quincy, Illinois	04/2004
National Arthritis Association Telethon, Osteoporosis Quincy, Illinois	04/2004
Redman Lee Community Center School Physical Clinic Quincy, Illinois	08/2004
National Arthritis Foundation, Osteoporosis Quincy, Illinois	03/2005
National Arthritis Foundation, Osteoporosis Quincy, Illinois	04/2005
Redman Lee Community Center School Physical Clinic Quincy, Illinois	08/2005
National Arthritis Foundation, Osteoporosis TV News Broadcast Quincy, Illinois	04/2006
VoiceAmerica, Energy Medicine and Optimal Health Radio Show Broadcast; Energy and the Immune System United States of America	10/2012
Radish Magazine article on Energy Medicine United States of America	11/2012
Mentorship	
Olson, David (Student) Description: Current Status: CNP within Mayo Clinic, Department of Medicine, Division of Hospital Internal Medicine Outcome: Graduated with FNP training and hired at Mayo Clinic in Rochester,	06/2009 - 06/2011
Minnesota. Anderson, Marie (Student) Description: Mentored through DNP program and project/poster Current Status: DNP, RN working in Winona, Minnesota Outcome: Project/poster awarded first place at National Association of Student Nurses Annual Seminar 2015.	06/2014 - 06/2015
Shewy, Dana (Student) Description: Mentored through DNP program and her project.	06/2014 - 06/2015

Page 8 of 26

Current Status: DNP, RN in Winona, Minnesota

Outcome: Poster awarded first place at National Association of Student Nurses

Annual Seminar 2015

Lane, Colleen (Student) 06/2014 - 06/2016

Description: Published article in peer reviewed journal

Current Status: BNS, RN

Outcome: Graduating from DNP-FNP Program

Slade, Cassandra (Student) 06/2014 - 06/2017

Description: mentored her to return to school to become a FNP

Current Status: Student at Augsburg College

Outcome: Successfully completed program courses in Augsburg College,

Minneapolis, MN

Stanek, Beth (Student) 06/2014 - 06/2017

Description: National and local presenter of DNP project

Current Status: DNP, FNP

Outcome: Graduate from Augsburg program and hired at Mayo Clinic in Mankato

Institutional/Departmental Administrative Responsibilities, Committee Memberships and Other Activities

Mayo Clinic

Department of Medicine, Division of Hospital Internal Medicine, Advanced Practice Liaison

Advanced Practitioner Representative 2010 - 2012

Advance Practice Liaison for Medicine 9 Hospital Service.

Presentations Extramural

National or International

Invited

Energetic Clearing of Chakras: Creating Balance within the Chakras 07/2016

National Webinar on-line presenter Wellness for Life with Elsie Kerns

Keystone, Colorado

Oral

Sexual Dysfunction: You Know It's Not Just For Me 09/2004

Midwest National Advanced Practice Conference: NPACE/ISAPN Annual

Symposium Chicago, Illinois

The Asthma Players: Adult Asthma Management 09/2004

Midwest National Advanced Practice Conference: NPACE/ISAPN Annual

Symposium Chicago, Illinois

The Little Wheezers: A Look Into Pediatric Asthma 09/2004

Midwest National Advanced Practice Conference: NPACE/ISAPN Annual

Symposium Chicago, Illinois

What Is This Feeling I Have? 09/2004

Recognition and Treatment of Anxiety and Depressive Syndromes

Midwest National Advanced Practice Conference; NPACE/ISAPN Annual

Symposium Chicago, Illinois

Transformation and Healing Through Holistic Health Coaching American Holistic Nurses Annual Convention Snow Bird, Utah	06/2012
How Your Immune System Functions, The Balance Between Physiology and Energy International Gathering of Eden Energy Medicine Conference San Diego, California	09/2012
A Holistic Approach for Change in Treatment of Chronic Illness Doctoral Research Presentation, Augsburg College Rochester, Minnesota	02/2013
A Holistic Approach for Change in Treatment of Chronic Illness Doctoral Research Presentation St. Louis, Missouri	03/2013
Energy Medicine 101 Introducing Energy Medicine MidWest Energy Movement Wisconsin	04/2013
Why Worry? Stop Coping and Start Living Energetic Balance for Relaxation, Kathryn Tristan, Gail Van Kanegan; Sun Valley Wellness Conference Sun Valley, Idaho	05/2013
Holistic Transformation: Energetic and Integrative Patient and Self-care Stress Reduction half-day workshop American Holistic Nurse Association 35th Annual Conference Branson, Missouri	06/2015
Self-Care: Integrative Holistic & Complementary Energetic Methods for Stress Reduction Podium Presentation American Holistic Nurse Association 35th Annual Conference Branson, Missouri	06/2015
Stop Stress Reactions: Holistic Strategies for Integrative Patient Care Podium Presentation National Nurse Practitioner Symposium Keystone, Colorado	07/2015
Energetic Elemental Rhythms: Removing Stress and & Establishing Emotional, Physical, and Spiritual Balance Half-day workshop American Holistic Nurse Association 36th Annual Conference Bonita Springs, Florida	06/2016
Raising Vibrational Interconnectedness Through the use of Sacred Geometry, Crystals & Sounds: An Interactive Self-Healing Creative Experience Healing Beyond Borders 20th Annual Conference Colorado Springs, Colorado	10/2016
Poster	00/00/-
Holistic Stress Reduction American Holistic Nurse Association 35th Annual Conference Branson, Missouri	06/2015
Holistic Strategies for Integrative Patient Care National Nurse Practitioner Symposium Keystone, Colorado	07/2015

Regional

Oral

Intra-Aortic Balloon Pump; Catheter Insertion, Pump Operation, and Patient Management Blessing Hospital Critical Care Quincy, Illinois	10/1991
Living Wills: What You Need To Know Farmers State Bank of Camp Point Camp Point, Illinois	10/1991
Cardiac Risk Factors Coronary Club, American Heart Association Quincy, Illinois	11/1991
Dysrhythmias: Recognition and Treatment, Advanced Cardiac Life Support American Heart Association Quincy, Illinois	11/1991
ECG Interpretation St. Mary Hospital Quincy, Illinois	12/1991
ECG Interpretation Blessing-Rieman College of Nursing Quincy, Illinois	03/1992
Echocardiogram: Transthoracic and Transesophageal Illinois School Teachers Retirement Association Quincy, Illinois	03/1992
Dysrhythmias: Recognition and Treatment, Advanced Cardiac Life Support American Heart Association Quincy, Illinois	04/1992
Non-Invasive Cardiac Diagnostic Testing Blessing Hospital Health Education Quincy, Illinois	04/1992
Coronary Artery Disease: Prevention, Diagnosis, and Treatment Modalities Quincy Lions Club Quincy, Illinois	06/1992
Intra-Aortic Balloon Pump: Physiology, Indications, Insertion and Patient Management Blessing Hospital Critical Care Quincy, Illinois	08/1992
Cardiac Diagnostics St. Mary Hospital Critical Care Quincy, Illinois	09/1992
Coronary Artery Disease Blessing-Rieman College of Nursing Quincy, Illinois	09/1992
Dysrhythmias: Recognition and Treatment, Advanced Cardiac Life Support American Heart Association Quincy, Illinois	11/1992
Cardiac Catheterization Coronary Club, American Heart Association Quincy, Illinois	12/1992

Diagnostic Examinations in Cardiac Disease Coronary Club, American Heart Association Quincy, Illinois	02/1993
Myocardial Infarction: Case Study Presentation American Association of Critical Care Nurses, Great River Chapter Hannibal, Missouri	03/1993
Dysrhythmias: Recognition and Treatment, Advanced Cardiac Life Support American Heart Association Quincy, Illinois	04/1993
Coronary Risk Factors Coronary Club, American Heart Association Quincy, Illinois	08/1993
Concepts in Critical Care John Wood Community College Quincy, Illinois	10/1993
Dysrhythmias: Recognition and Treatment, Advanced Cardiac Life Support American Heart Association Quincy, Illinois	11/1993
Intra-Aortic Balloon Pump: Physiology, Indications, Insertion and Patient Management Blessing Hospital Critical Care Quincy, Illinois	12/1993
Dysrhythmias: Recognition and Treatment, Advanced Cardiac Life Support American Heart Association Quincy, Illinois	04/1994
Heart Failure; Etiology, Pathophysiology, and Management Blessing Hospital Critical Care Quincy, Illinois	06/1994
Management of Congestive Heart Failure Quincy, Illinois Quincy, Illinois	09/1994
Tissue Hypoxia Sinclair School of Nursing, University of Missouri Columbia, Missouri	10/1994
Dysrhythmias: Recognition and Treatment American Heart Association, Advanced Cardiac Life Support Quincy, Illinois	04/1995
Congestive Heart Failure Sinclair School of Nursing, University of Missouri Columbia, Missouri	10/1995
Polypharmacy and the Elderly Sinclair School of Nursing, University of Missouri Columbia, Missouri	11/1995
A Society at Risk: Mothers with Inadequate Prenatal Care Sinclair School of Nursing, University of Missouri Columbia, Missouri	12/1995
Research presentation: Creating a Nurse Practitioner Database: A Critical Need for East-Northeast Missouri University of Missouri-Columbia, Sinclair School of Nursing, University of Missouri Columbia, Missouri	04/1996

Advanced Practice Certification: Titling and Credentials Quincy Medical Group Quincy, Illinois	01/1997
Illinois Nurse Practice Act: Sunset Language and Proposals Quincy Medical Group Quincy, Illinois	02/1997
Illinois Nurse Practice Act: Sunset Language and Proposals Quincy Medical Group Quincy, Illinois	03/1997
Research Presentation: Creating a Nurse Practitioner Database: A Critical Need for East-Northeast Missouri Blessing-Rieman College of Nursing Honor Society Quincy, Illinois	04/1997
Research Presentation: Creating a Nurse Practitioner database: A Critical Need for East-Northeast Missouri Illinois Nursing Association, Local District 8, Blessing-Rieman College of Nursing Quincy, Illinois	09/1997
Illinois Advanced Practice Nursing Act Blessing-Rieman College of Nursing Quincy, Illinois	10/1997
Illinois Advanced Practice Nursing Act Illinois Nurses Association, Local District 8, Blessing Rieman College of Nursing Quincy, Illinois	11/1997
Graduate School and Beyond Blessing-Rieman College of Nursing Honor Society Quincy, Illinois	02/1998
Illinois Advanced Practice Nursing Act Blessing-Rieman College of Nursing Honor Society Quincy, Illinois	02/1998
Testimony of House of Representatives for Illinois Advanced Practice Nurse Act Illinois State Capitol Building Illinois	02/1998
Advanced Practice Nursing Act Blessing-Rieman College of Nursing Quincy, Illinois	03/1998
Semester course Womyn's Health Perspectives John Wood Community College Quincy, Illinois	09/1998
Hypertension Management, JNC VI Review Great River Advanced Practice Education Group Hannibal, Missouri	10/1998
Womyn's Health-Preventative Maintenance Schedule Blessing Hospital Quincy, Illinois	10/1998
Womyn's Health-Preventative Maintenance Schedule Blessing Hospital Quincy, Illinois	10/1998
Otitis Media Antibiotic Resistance, CDC Treatment Guidelines Great River Advanced Practice Education Group Quincy, Illinois	03/1999

The Years After Menopause: Prevention of Osteoporosis Eli Lilly Quincy, Illinois	03/1999
Women's Health Issues, Women's Day Conference Presenter John Wood Community College Quincy, Illinois	03/1999
Nursing's Role in Legislation Healing Web Nursing Conference, Blessing-Rieman College of Nursing Quincy, Illinois	05/1999
Womyn's Cardiovascular Health: Prevention, Risks, and Relaxation Conference Pfizer Pharmaceuticals, Blessing Conference Center Quincy, Illinois	05/1999
Breast Cancer Detection and Prevention Blessing Hospital, American Cancer Society, Adams County Health Department Quincy, Illinois	06/1999
Osteoporosis: You Can Prevent It, You Can Treat It John Wood Community College Quincy, Illinois	08/1999
Womyn's Health, Eight-Week Course John Wood Community College Quincy, Illinois	09/1999
Preventative Health Practices, Stress Modification Second Annual Women's Health Fair Quincy, Illinois	10/1999
Women: Take Charge of Your Health Fourth Annual Blessing Hospital Health Fair Quincy, Illinois	10/1999
Health Promotion, Country Market Nutrition Month Quincy, Illinois Quincy, Illinois	12/1999
Heart Smart Nutrition, Positive Life Style Behaviors Preventative Health Practices Quincy, Illinois	12/1999
The Blues: Womyn Need Not Suffer Barry Health Department Barry, Illinois	12/1999
Men's Health: Preventative Strategies John Wood Community College Quincy, Illinois	02/2000
Womyn's Health: Preventative Strategies Annual Banquet: Illinois Nurses Association, 8th District; Missouri Nurses Association, 9th District Hannibal, Missouri	03/2000
Healthy Womyn are Healthy Mothers Early Childhood Center Quincy, Illinois	04/2000
Osteoporosis, Detection, Treatment, Prevention Southern Illinois University Springfield, Illinois	06/2000

Breast Cancer Awareness: Techniques for Self-Examination Blessing Hospital Quincy, Illinois	09/2000
Advanced Practice Legislation SmithKline Beecham Springfield, Illinois	10/2000
Advanced Practice Legislation Update Glaxo Welcome Champaign, Illinois	10/2000
Health Prevention, Women's Show Quincy Civic Center Quincy, Illinois	10/2000
Women Surviving in Today's World, Panel Discussion Quincy Women's Club Quincy, Illinois	11/2000
Social Anxiety Disorder Great River Advanced Practice Nurses Quincy, Illinois	01/2001
Training for Trainers. Osteoporosis: Understanding, detection, treatment, and prevention Adams County Area on Aging Quincy, Illinois	01/2001
Training for Trainers. Osteoporosis: Understanding, detection, treatment, and prevention Adams County Area on Aging Quincy, Illinois	01/2001
Cardiovascular Risks and Womyn's Health Masonic Temple Quincy, Illinois	03/2001
Current Rules and Regulations for Advanced Practice Nursing Beardstown, Illinois Beardstown, Illinois	03/2001
Diabetic Risk Factors Beardstown, Illinois Beardstown, Illinois	03/2001
In-Hospital Initiation of Lipid-Lowering Therapy in Patients with ACS: Meeting the Challenge-Improving Outcomes The Johns Hopkins University School of Medicine, and the Institute for Johns Hopkins Nursing Appleton, Wisconsin	04/2001
In-Hospital Initiation of Lipid-Lowering Therapy in Patients with ACS: Meeting the Challenge-Improving Outcomes The Johns Hopkins University School of Medicine, and the Institute for Johns Hopkins Nursing Cedar Rapids, Iowa	04/2001
In-Hospital Initiation of Lipid-Lowering Therapy in Patients with ACS: Meeting the Challenge-Improving Outcomes The Johns Hopkins University School of Medicine, and the Institute for Johns Hopkins Nursing Charlotte, North Carolina	06/2001

In-Hospital Initiation of Lipid-Lowering Therapy in Patients with ACS: Meeting the Challenge-Improving Outcomes The Johns Hopkins University School of Medicine, and the Institute for Johns Hopkins Nursing Raleigh, North Carolina	06/2001
Osteoporosis- A Silent Killer Quincy, Illinois Quincy, Illinois	06/2001
Womyn's Health Issues, 'I Have No Problem With My Bones- Does This Mean They Are Healthy?' Quincy, Illinois Quincy, Illinois	06/2001
Womyn's Health Issues, 'Preventative Health for Womyn Throughout Your Lifespan' Quincy, Illinois Quincy, Illinois	07/2001
Migraine Headache, A Pain No More Illinois Advanced Practice Nursing Symposium Springfield, Illinois	09/2001
Overactive Bladder Great River Advanced Practice Nurses Association Quincy, Illinois	09/2001
Adolescent Growth and Development Redman Lee Community Center Quincy, Illinois	10/2001
Preventing Breast Cancer Blessing Hospital Quincy, Illinois	10/2001
Womyn's Preventative Health Issues John Wood Community College Quincy, Illinois	10/2001
A Woman's Key to a Healthier Heart Blessing Conference Center Quincy, Illinois	11/2001
Migraine Headache: A Pain No More Great River Advanced Practice Nurses Association Hannibal, Missouri	11/2001
Asthma, Use of Inhaled Steroids Quincy, Illinois Quincy, Illinois	02/2002
Learning about Overactive Bladder Quincy, Illinois Quincy, Illinois	02/2002
Breast Cancer, Prevention & Detection Quincy, Illinois Quincy, Illinois	03/2002
Osteoporosis, Management, Prevention, Detection Springfield, Illinois Springfield, Illinois	03/2002

Osteoporosis, Detection & Prevention & Treatment Springfield, Illinois Springfield, Illinois	04/2002
Overactive Bladder: You don't have to live with it Decatur, Illinois Decatur, Illinois	06/2002
Overactive Bladder: You don't have to live with it Springfield, Illinois Springfield, Illinois	06/2002
Overactive Bladder: You don't have to live with it Bloomington, Illinois Bloomington, Illinois	07/2002
Overactive Bladder: You don't have to live with it Champaign, Illinois Champaign, Illinois	07/2002
Overactive Bladder: You don't have to live with it Jacksonville, Illinois Jacksonville, Illinois	07/2002
Overactive Bladder: You don't have to live with it Taylorville, Illinois Taylorville, Illinois	07/2002
Overactive Bladder: You don't have to live with it Springfield, Illinois Springfield, Illinois	11/2002
Anxiety: I Don't Have Anxiety, I am Just a Little Nervous Quincy, Illinois Quincy, Illinois	12/2002
Osteoporosis, Arthritis Association Quincy, Illinois Quincy, Illinois	02/2003
Osteoporosis, Detection & Prevention & Treatment Champaign, Illinois Champaign, Illinois	03/2003
Professional Collaboration, Illinois Coalition for Nursing Resources Springfield, Illinois Springfield, Illinois	03/2003
Anxiety and Depression in the Diabetic Quincy, Illinois Quincy, Illinois	08/2003
Asthma Detection Illinois State Fair Springfield, Illinois	08/2003
Osteoporosis, Detection & Prevention & Treatment Arthritis Association Telethon Quincy, Illinois	08/2003
Breast Cancer Prevention & Detection Blessing Hospital Quincy, Illinois	10/2003

Osteoporosis, The Hidden Bone Disease Senior Citizen Center Quincy, Illinois	11/2003
Depression: Beyond the Complaint Nursing Skill Series, Lecture 2 of 6 Quincy, Illinois	01/2004
Hypertension Management Choices: Working Through the Medication Maze Nursing Skill Series, Lecture 1 of 6 Quincy, Illinois	01/2004
Bugs and Grubs: Let's Kill Them All Nursing Skill Series, Lecture 5 of 6 Quincy, Illinois	02/2004
Dia-bet-is: A Fresh Look at an Old Problem Nursing Skill Series, Lecture 4 or 6 Quincy, Illinois	02/2004
Health Care Options, Advance Your Knowledge With Your Question Quincy, Illinois Quincy, Illinois	02/2004
Sexual Dysfunction: You Know It's Not Just For Men Nursing Skill Series, Lecture 3 of 6 Quincy, Illinois	02/2004
The Good, The Bad, & The Ugly: Cholie Ester All Nursing Skill Series, Lecture 6 of 6 Quincy, Illinois	02/2004
Genital Herpes and the Primary Health Care Provider Quincy, Illinois Quincy, Illinois	03/2004
Migraine Headaches, No More Pain in the Neck for You Peoria, Illinois Peoria, Illinois	05/2004
Recent Advances in the Treatment of Overactive Bladder Decatur, Illinois Decatur, Illinois	06/2004
Herpes: If You Don't See It, Do You Have It? Nursing Spectrum Expo Oakbrook, Illinois	09/2004
Sexual Dysfunction: You Know It's Not Just For Men Nursing Spectrum Expo Oakbrook, Illinois	09/2004
Herpes: If You Don't See It, Do You Have It? Peoria Planned Parenthood Conference Peoria, Illinois	11/2004
Hypertension Management Choices: Working Through the Medication Maze Terra Haute, Indiana Terra Haute, Indiana	11/2004
Nursing Skill Series: Depression and Anxiety, Recognition and Treatment Quincy, Illinois Quincy, Illinois	01/2005

Genital Herpes: 'If You Don't See It, Do You Have It?' Jacksonville, Illinois Jacksonville, Illinois	02/2005
Nursing Skill Series: 'Migraine Management.' Quincy, Illinois Quincy, Illinois	02/2005
Nursing Skill Series: 'Overactive Bladder: Current Treatment and Management.' Quincy, Illinois Quincy, Illinois	02/2005
Nursing Skills Series: 'Allergic Rhinitis: Sniffles, Sneezes, Whistles, and Wheezes.' Quincy, Illinois Quincy, Illinois	02/2005
Overactive Bladder: Current Treatment and Management Springfield, Illinois Springfield, Illinois	02/2005
Antidepressants: Which Medication Do I Choose? Springfield, Illinois Springfield, Illinois	03/2005
Asthma, Early Identification and Treatment Strategies Quincy, Illinois Quincy, Illinois	03/2005
Nursing Skill Series, Sexual Dysfunction Recognizing and Treatment for Women and Men Quincy, Illinois Quincy, Illinois	03/2005
Nursing Skill Series: 'Anxiety and Depression, Making Decisions in Pharmacological Treatment.' Springfield, Illinois Springfield, Illinois	03/2005
Nursing Skill Series: 'Asthma, Patient Management.' Quincy, Illinois Quincy, Illinois	03/2005
Overactive Bladder: Treatment Options Springfield, Illinois Springfield, Illinois	03/2005
Erectile Dysfunction, You Don't Have to Let it Get You Down Quincy, Illinois Quincy, Illinois	04/2005
Hypertension, Prevent that Heart Attack Springfield, Illinois Springfield, Illinois	04/2005
Osteoporosis: Detection and Treatment Arthritis Association Telethon Quincy, Illinois	04/2005
Osteoporosis: New Developments, Prevention, Detection, and Treatment Quincy, Illinois Quincy, Illinois	04/2005

Overactive Bladder: Treatment and Management Springfield, Illinois Springfield, Illinois	04/2005
Sexual Dysfunction, It's Not Just For Men Springfield, Illinois Springfield, Illinois	05/2005
Wellness: How Do You Do That? Quincy, Illinois Quincy, Illinois	05/2005
Wellness: You Can Have It All! Quincy, Illinois Quincy, Illinois	05/2005
Osteoporosis, Detection, Prevention, and Treatment Bloomington, Illinois Bloomington, Illinois	06/2005
Osteoporosis, Detection, Prevention, and Treatment Champaign, Illinois Champaign, Illinois	06/2005
Osteoporosis, Detection, Prevention, and Treatment Champaign, Illinois Champaign, Illinois	06/2005
Osteoporosis, New Treatment Option Decatur, Illinois Decatur, Illinois	07/2005
Osteoporosis, New Treatment Option Quincy, Illinois Quincy, Illinois	07/2005
Overactive Bladder, Night Time is for Sleeping! Peoria, Illinois Peoria, Illinois	07/2005
Overactive Bladder, Night Time is for Sleeping! Quincy, Illinois Quincy, Illinois	07/2005
Overactive Bladder, Night Time is for Sleeping! Quincy, Illinois Quincy, Illinois	07/2005
What Is This Feeling I Have? Depression Recognition and Treatment Springfield, Illinois Springfield, Illinois	07/2005
Sinus Headache or Migraine? Quincy, Illinois Quincy, Illinois	08/2005
Anxiety & Depression, It's Hard to Separate the Two Peoria, Illinois Peoria, Illinois	09/2005
Genital Herpes, If You Don't See It, Do You Have It? Quincy, Illinois Quincy, Illinois	09/2005

Genital Herpes, If You Don't See It, Do You Have It? Quincy, Illinois Quincy, Illinois	09/2005
Osteoporosis, New Treatment Option Quincy, Illinois Quincy, Illinois	09/2005
Osteoporosis, New Treatment Option Quincy, Illinois Quincy, Illinois	09/2005
Practice What You Preach, Take Care of Your-Self Springfield, Illinois Springfield, Illinois	09/2005
Allergic Rhinitis, Don't Just Blow It Off Quincy, Illinois Quincy, Illinois	10/2005
Depression & Anxiety, Do you Suffer? Quincy, Illinois Quincy, Illinois	10/2005
Osteoporosis, New Treatment Option Quincy, Illinois Quincy, Illinois	10/2005
Osteoporosis, New Treatment Option Springfield, Illinois Springfield, Illinois	10/2005
Press Conference, Governor Blagojevich, Illinois 'Health Care for All Kids', Insurance Program for All Children of Illinois Illinois	10/2005
The Sunset of the NPA Quincy, Illinois Quincy, Illinois	10/2005
The Sunset of the NPA Quincy, Illinois Quincy, Illinois	10/2005
The Sunset of the NPA Quincy, Illinois Quincy, Illinois	10/2005
The Sunset of the NPA Quincy, Illinois Quincy, Illinois	10/2005
Depression & Anxiety, Do you Suffer? Centralia, Illinois Centralia, Illinois	11/2005
Menopause, Bio-Identical Hormone Therapy is an Option Quincy, Illinois Quincy, Illinois	11/2005
Osteoporosis, Detection, and New Treatment Option Arthritis Foundation Quincy, Illinois	11/2005

Osteoporosis, Detection, and New Treatment Option Effingham, Illinois Effingham, Illinois	11/2005
Over Active Bladder, You Don't Have to Suffer Alton, Illinois Alton, Illinois	11/2005
Asymptomatic Shedding of HSV-2 Beardstown, Illinois Beardstown, Illinois	12/2005
Depression and Anxiety, Differences and Similarities Quincy, Illinois Quincy, Illinois	12/2005
How to Survive Your Hospital Stay Diabetic Association Quincy, Illinois	12/2005
HSV-2 Asymptomatic Shedding, Treatment Strategies Urbana, Illinois Urbana, Illinois	12/2005
Osteoporosis, Detection, and New Treatment Option Beardstown, Illinois Beardstown, Illinois	12/2005
Osteoporosis, Detection, and New Treatment Option Urbana, Illinois Urbana, Illinois	12/2005
HSV-2 Asymptomatic Shedding, Treatment Strategies State Teleconference Illinois	01/2006
HSV-2 Asymptomatic Shedding, Treatment Strategies State Teleconference Illinois	01/2006
New Treatment Option for Treatment of Osteoporosis State Teleconference Quincy, Illinois	01/2006
Overactive Bladder- Don't Let It Control You Springfield, Illinois Springfield, Illinois	01/2006
Allergic Rhinitis, Physiology and Pharmacology Loyola University Maywood, Illinois	02/2006
HSV-2 Asymptomatic Shedding, Treatment Strategies State Teleconference Illinois	02/2006
Sexual Responsibility Culver Stockton College Canton, Missouri	02/2006
Sexual Responsibility Illinois College Jacksonville, Illinois	02/2006

HSV-2 Asymptomatic Shedding, Treatment Strategies State Teleconference Illinois	03/2006
New Treatment Option for Treatment of Osteoporosis State Teleconference Quincy, Illinois	03/2006
Antidepressant Medications and Erectile Dysfunction Quincy, Illinois Quincy, Illinois	05/2006
Asthma Management Quincy Regional Pharmacists Meeting Quincy, Illinois	05/2006
Collaborative Agreement, Advance Practice Provider and the Physician Quincy, Illinois Quincy, Illinois	05/2006
New Treatment Option for Treatment of Osteoporosis Quincy, Illinois Quincy, Illinois	05/2006
Bio-Identical Hormone Therapy, Complimentary Choices Spring Lake Country Club Quincy, Illinois	07/2006
Intimacy After Breast Cancer Cancer Center of Quincy, Illinois Quincy, Illinois	07/2006
Stress Management Hermitage Farm Center for Healing Rochester, Minnesota	07/2007
Semester course Womyn's Health Perspectives John Wood Community College Quincy, Illinois	09/2008
Empowerment for Self-Healing Hermitage Farm Center for Healing Rochester, Minnesota	10/2008
Stress Management Hermitage Farm Center for Healing Rochester, Minnesota	10/2008
Reiki Therapy Mayo Clinic, Hospital Internal Medicine Rochester, Minnesota	02/2009
Addictive Inpatient Management- Alcohol and Polysubstance Mayo Clinic, St. Mary's Hospital Rochester, Minnesota	09/2009
Addictive Inpatient Management- Alcohol and Polysubstance Mayo Clinic, St. Mary's Hospital Rochester, Minnesota	10/2009
Addictive Inpatient Management- Alcohol and Polysubstance Mayo Clinic, St. Mary's Hospital Rochester, Minnesota	10/2009

Addictive Inpatient Management- Alcohol and Polysubstance Mayo Clinic, St. Mary's Hospital Rochester, Minnesota	11/2009
Chakras- The Living Energy Mayo Clinic, Hospital Internal Medicine Rochester, Minnesota	01/2010
Taking Care of Yourself with Energy Medicine Hermitage Farm Center for Healing Rochester, Minnesota	02/2010
Chakras: The Living Energy System Naperville, Illinois Naperville, Illinois	04/2010
Autoimmune Disease, Taking Charge of Your Health with Energy Medicine Hermitage Farm Center for Healing Rochester, Minnesota	05/2010
Pain Control With Out Drugs Hermitage Farm Center for Healing Rochester, Minnesota	08/2010
Balancing Your Energy Systems Hermitage Farm Center for Healing Rochester, Minnesota	10/2010
Holistic Nursing Mayo Clinic Rochester, Minnesota	03/2011
Holistic Nursing: Revealing Blessing Hospital Quincy, Illinois	03/2011
Holistic Nursing: Tapping into Underutilized Resources Blessing Rieman College of Nursing, Blessing Hospital Quincy, Illinois	03/2011
Holistic Nursing: Tapping into Underutilized Resources Blessing Rieman College of Nursing, Blessing Hospital Quincy, Illinois	03/2011
Activating and Balancing your Energy Systems Hermitage Farm Center for Healing Rochester, Minnesota	06/2011
Eden Energy Medicine Foundations Course, Part I Eden Energy Medicine Foundation St. Louis, Missouri	06/2011
Holistic Nursing: Tapping into Underutilized Resources American Holistic Nurses Association Local Chapter Hermitage Farm Center for Healing Rochester, Minnesota	06/2011
Eden Energy Medicine Foundations Course, Part II Eden Energy Medicine Foundation St. Louis, Missouri	08/2011
COPD & CHF, Which One Does Your Patient Have? Mayo Clinic Rochester, Minnesota	09/2011

COPD & CHF, Which One Does Your Patient Have? Mayo Clinic Rochester, Minnesota	10/2011
Eden Energy Medicine Foundations Course, Part III Eden Energy Medicine Foundation St. Louis, Missouri	11/2011
Pain Control Without Medications Energy Medicine Techniques to Use Hermitage Farm Center for Healing Rochester, Minnesota	12/2011
Eden Energy Medicine Foundations Course, Part IV Eden Energy Medicine Foundation St. Louis, Missouri	01/2012
Balancing and Energizing Your Energy System Hermitage Farm Center for Healing Rochester, Minnesota	02/2012
Complimentary & Alternative Pain Management Techniques Mayo Clinic Department of Nursing Rochester, Minnesota	02/2012
Reiki Certification Class Level I Hermitage Farm Center for Healing Rochester, Minnesota	02/2012
Autoimmune Disease, Physiology of Immune System Function and Energy Medicine Techniques for Healing Hermitage Farm Center for Healing Rochester, Minnesota	04/2012
Controlling and Managing Pain Energy Medicine Techniques to Reduce or Alleviate Pain Hermitage Farm Center for Healing Rochester, Minnesota	04/2012
Transformation and Healing through Holistic Health Coaching Getting to the Heart of the Matter Annual Conference Rochester, Minnesota	04/2012
Energy Medicine Assessing Physical Subtle Energy Fields: A Necessary Skill for Nursing 2012 Holistic Wellness Conference, Engaging Body, Mind, and Spirit Rochester, Minnesota	07/2012
Energy Medicine 101 Introducing Energy Medicine, Eden Energy Medicine Hermitage Farm Center for Healing Rochester, Minnesota	07/2012
Energy Medicine 102 Introducing More Energy Medicine, Eden Energy Medicine Hermitage Farm Center for Healing Rochester, Minnesota	09/2012
Energy Medicine 101 & 102 Introducing Energy Medicine & Introducing More Energy Medicine, Eden Energy Medicine Blessing Conference Center Quincy, Minnesota	10/2012

Page 25 of 26

Energy Medicine 101 11/2012

Introducing Energy Medicine

Hermitage Farm Center for Healing

Rochester, Minnesota

Energy Medicine 102 12/2012

Introducing More Energy Medicine Hermitage Farm Center For Healing

Rochester, Minnesota

Clinical Practice, Interests, and Accomplishments

Educational Practice has included returning to the classroom to obtain a Doctor of Nursing Practice (DNP) degree in 2013. The work I did with the DNP reflected my life work in holistic care of the patient. I have studied holistic practices of health care of indigenous people from all over the world. I have been to Guatemala, Oaxaca, England, Black Hills, and Northern Minnesota on multiple occasions to learn from the indigenous people of these lands. They shared their wisdom and cultural practices for retaining and obtaining a healthful state of being. including physical, emotional, spiritual, and energetically. I have learned all about herbal therapy and care of the Medicine Man or Medicine Woman. The richness of the cultural experiences are translated into my work at Mayo Clinic with diversity to meet the needs of the patient from their cultural perspective.

A private Energy Medicine practice has enriched my life and deepened my relationship with Spirit. This had become the focus of my Energy Medicine practice. Bringing Spiritual Awareness to others is the key to healing. Since September 3,2019 I have retired my Nursing Cap and no longer work as a Hospitalist Nurse Practitioner. My life is dedicated to enriching the lives of others 'Through The Energies'!! This is accomplished through individual healing sessions and teaching people of all ages how to correct energetic imbalances within self and others.

Research Interests and Accomplishments

A holistic approach for change in the treatment of chronic illness, Doctoral research project, Augsburg College, Rochester, MN, 2013, Feb

Creating a nurse practitioner database: A critical need for east-northeast Missouri, A research project in part of the works in process of Kuehn, A.F. (principle investigator), Ayres, K., Ballentine, K., Company, P., Diggins, C., Kellison, S., and Kinnamon, D., VanKanegan, G. Establishing a nurse practitioner database for Missouri: A four-phase comprehensive study, University of Missouri: Columbia, 1996, April

Other

Speaker Bureau Consultant: Biovail Pharmaceuticals, GlaxoSmithKline 1997 - 2006

Pharmaceutical Company, Ortho McNeil Pharmaceutical Company, Pfizer

Pharmaceutical Company, Pharmacia, Roche Laboratories

Lecture consultant

Donna Eden, David Feinstein, PhD, Energy Medicine for the 21st Century 03/2001

Seminar Sponsor/Coordinator. 250 in attendance

Energy Medicine for the 21st Century- Sponsor of 3-day seminar

Minneapolis, Minnesota

A Hands-On Experience; David Feinstein, PhD, Energy Psychology: Rapid Tools 03/2013

for Neural Change

Seminar Sponsor/Coordinator. 250 in attendance

Donna Eden, Energy Medicine- sponsor of 3-day seminar

St. Louis, Missouri

Bibliography

Peer-reviewed Articles

- Vankanegan G. Bacterial Vaginosis, Clinical Pearls Illinois Council of Advanced Practice Nurses. 2001;
- 2. **VanKanegan G**. Depression and Anxiety: Successful Management in Primary Care. Advance for the Nurse Practitioners.2006;14:(10):79-83.
- 3. **VanKanegan G.,** Worley, J. Complementary Alternative and Integrative Treatment for Substance Use Disorders. 2018;56:6):16-21.

Non-Peer-reviewed Articles

- 1. VanKanegan G. New Roles for Nurses WomanSpeak .1999, Summer;
- 2. VanKanegan G. Women and Heart Disease, Will you Survive? WomanSpeak.2000, Summer;
- 3. VanKanegan G. Osteoporosis A Silent Killer News and Views Adams County Area on Aging. 2000 Nov;
- 4. VanKanegan G. Cold or Flu? WomanSpeak.2000, Winter;
- 5. **VanKanegan G.** Osteoporosis A Silent Killer WomanSpeak.2001, Summer;
- VanKanegan G. In Sickness and in Hell. Men's Health.2003, OCT;
- 7. VanKanegan G. Easy In, Easy Out ER. Get Top Care in Record Time AARP.2004, May & June;

Books

- 1. **VanKanegan G**, Boyette M. How to Survive Your Hospital Stay: Guide To Getting The Care You Need And Avoiding Problems You Don't, A Fireside Book 2003.
- 2. Evans B, **VanKanegan G**, Mulanax J. The Art of Raising Frequency: Setting the Vibrations for Healing Nigel Evans.7/7/2017.

^{*} Indicates that the primary author was a mentee of this author.